
Minor Requirements

Required Minor Courses: (18 Credits)

- SPT 3500 Theory & Technique of Coaching
- EXSC 3105 Motivation in Wellness & Fitness
- EXSC 3314 Kinesiology
- EXSC 3350 Exercise Physiology
- EXSC 4206 Athletic Injury: Prevention, Recognition, Evaluation
- EXSC 4952 Internship in Nutrition and Fitness