

General Education

Foundations: (12 Credits)

Oral Communication (3 Credits)

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Quantitative Reasoning (3 Credits)

☐ MATH 1220 College Algebra

Technological Literacy (3 Credits)

☐ EXSC 1840 Tech Integ. for Health and Fitness

Written Communication (3 Credits)

☐ ENGL 1200 College Composition

Discoveries: (Credits 27)

At least two (2) disciplines must be represented within each of the three (3) categories.

Art/Humanities (9 Credits)

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Natural Sciences & Technology (9 Credits)

☐ CHEM 1108 General Chemistry I
☐ PHYS 1500 General Physics I
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Social Sciences (9 Credits)

☐ PSYC 1000 Introduction to Psychology
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Elective/Wellness & Personal Health: (3 Credits)

☐ HLSC 3150 First Aid & Personal Safety

Competencies:

Applied Methodologies

☐ HLSC 2750 Functional Kinesiology

Ethical Reasoning

☐ PHIL 3220 Biomedical Ethics

Information Literacy

☐ HLSC 4600 Sports Medicine and EBP Research

Intercultural Fluency

☐ HLSC 3200 Culturally Competent Community Health

Keystone Experience

☐ HLSC 4250 Health Science Capstone

Quantitative Applications

☐ PSYC 3000 Psychology Statistics

Writing Intensive - Two (2) courses are required

☐ HLSC 3100 Special Populations & Pathologies
☐ Another Writing Intensive Course

Program Requirements

Required Major Courses: (60 Credits)

- ☐ BIOL 1900, Introduction to Cellular & Molecular Biology
- ☐ EXSC 1310 Appd Human Anat & Phys for Exer & Wellness I
- ☐ EXSC 1311 Appd Human Anat & Phys for Exer & Wellness I Lab
- ☐ EXSC 1315 Appd Human Anat & Phys for Exer & Wellness II
- ☐ EXSC 1317 Appd Human Anat & Phys for Exer & Wellness II Lab
- ☐ EXSC 3350 Exercise Physiology
- ☐ GERT 3800, Wellness and Aging
- ☐ HLSC 1010, Foundations of Health Science
- ☐ HLSC 1150, Current Health Issues
- ☐ HLSC 2250 Medical Terminology
- ☐ HLSC 2500 Nutrition for Health and Wellness
- ☐ HLSC 2750 Functional Kinesiology
- ☐ HLSC 3100 Special Populations and Pathology of Disease
- ☐ HLSC 3200 Culturally Competent Community Health
- ☐ HLSC 3600 Holistic Medicine and Healthcare
- ☐ HLSC 4250 Health Science Capstone
- ☐ HLSC 4600 Sports Medicine & EBP Research
- ☐ HLSC 4750 Cadaver Anatomy and Dissection
- ☐ PHIL 3220 Biomedical Ethics
- ☐ PSYC 3000 Psychological Statistics
- ☐ SPT 2050 Sport Ethics & Integrity

Free Electives: (18 Credits)

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Suggested Four Year Course Sequence

Year 1

Fall Semester

ENGL 1200 College Composition
EXSC 1310 App Anat. & Phys Ex. I
EXSC 1311 App Anat. & Phys Ex. I Lab
HLSC 1010 Foundations of Health Science
HLSC 1150 Current Health Issues
HLSC 2250 Medical Terminology

Spring Semester

EXSC 1315 App. Anat. & Phys Ex. II
EXSC 1317 App. Anat. & Phys Ex. II Lab
MATH 1220 College Algebra
Any Social Science Course

Year 2

Fall Semester

BIOL 1900 Intro to Cell Bio
HLSC 2750 Functional Kinesiology
PSYC 1000 General Psychology
Gen. Ed. Electives

Spring Semester

CHEM1108 General Chemistry
EXSC 3350 Exercise Physiology
HLSC 2500 Nutrition for Health/Wellness
PSYC 3000 Psychological Statistics
SPT 3000 Peak Performance in Sport

Year 3

Fall Semester

EXSC 1840 Tech Integration in HPE
HLSC 3150 First Aid & Personal Safety
HLSC 2300 Culturally Comp Comm Health
PHYS 1500 General Physics
Gen. Ed. and, or Free Elective

Spring Semester

GERT 3800 Wellness & Aging
HLSC 3100 Spec Pop & Path. Of Disease
HLSC 4600 Sports Med & EB Research
Gen. Ed. and, or Free Elective

Year 4

Fall Semester

HLSC 3600 Holistic Medicine & Healthcare
PHIL 3220 Biomedical Ethics
Free Electives

Spring Semester

HLSC 4250 Health Science Capstone
HLSC 4750 Cadaver Anat. And Dissect
Free Electives

