

General Education

Foundations: (12 Credits)

Oral Communication (3 Credits)

- _____

Quantitative Reasoning (3 Credits)

- MATH 1220 College Algebra

Technological Literacy (3 Credits)

- EXSC 1840 Tech Integ. for Health and Fitness

Written Communication (3 Credits)

- ENGL 1200 College Composition

Discoveries: (Credits 27)

Art/Humanities (9 Credits)

- _____
- _____
- _____

Natural Sciences & Technology (9 Credits)

- BIOL 1101 Fundamentals of Biology
- PHYS 1500 General Physics I
- _____

Social Sciences (9 Credits)

- PSYC 1000 Introduction to Psychology
- _____
- _____

Wellness & Personal Health: (3 Credits)

- HLSC 3150 First Aid & Personal Safety

Competencies:

Applied Methodologies

- HLSC 2750 Functional Kinesiology

Ethical Reasoning

- PHIL 3220 Biomedical Ethics

Information Literacy

- HLSC 4600 Sports Medicine and EBP Research

Intercultural Fluency

- HLSC 3200 Culturally Competent Community Health

Keystone Experience

- HLSC 4250 Health Science Capstone

Quantitative Applications

- PSYC 3000 Psychology Statistics

Writing Intensive

- HLSC 3100 Special Populations & Pathologies
- ~And ~ Another Writing Intensive Course

Program Requirements

Required Major Courses: (60 Credits)

- CHEM 1050 Chemistry for Allied Health
- EXSC 1310 Appd Human Anat & Phys for Exer &Wellness I
- EXSC 1311 Appd Human Anat & Phys for Exer & Wellness I Lab
- EXSC 1315 Appd Human Anat & Phys for Exer &Wellness II
- EXSC 1317 Appd Human Anat & Phys for Exer & Wellness II Lab
- EXSC 3350 Exercise Physiology
- HLSC 1010 Foundations of Health Science
- HLSC 1150 Current Health Issues
- HLSC 1500 Introduction to Athletic Training
- HLSC 2250 Medical Terminology
- HLSC 2500 Nutrition for Health and Wellness
- HLSC 2750 Functional Kinesiology
- HLSC 3100 Special Populations and Pathology of Disease
- HLSC 3200 Culturally Competent Community Health
- HLSC 3600 Holistic Medicine and Healthcare
- HLSC 4250 Health Science Capstone
- HLSC 4600 Sports Medicine & EBP Research
- HLSC 4750 Cadaver Anatomy and Dissection
- PHIL 3220 Biomedical Ethics
- PSYC 3000 Psychological Statistics
- SPT 2050 Sport Ethics & Integrity

Free Electives: (18 Credits)

- _____
- _____
- _____
- _____
- _____
- _____

Suggested Four Year Course Sequence

Year 1

Fall Semester

ENGL 1200 College Composition
EXSC 1310 App Anat. & Phys Ex. I
EXSC 1311 App Anat. & Phys Ex. I Lab
HLSC 1010 Foundations of Health Science
HLSC 1150 Current Health Issues
HLSC 2250 Medical Terminology

Spring Semester

EXSC 1315 App Anat & Phys Ex II
EXSC 1317 App Anat & Phys Ex II Lab
MATH 1220 College Algebra
PSYC 1000 General Psychology
Any Oral Communication
Gen. Ed. and, or Free Elective

Year 2

Fall Semester

CHEM 1050 Chemistry for Allied Health
HLSC 2500 Nutrition for Health and Wellness
HLSC 2750 Functional Kinesiology
HLSC 3200 Cultural Comp Comm Health
SPT 2050 Sport Ethics & Integrity
Gen. Ed. and, or Free Elective

Spring Semester

EXSC 3350 Exercise Physiology
HLSC 3100 Spec. Pops. & Path. of Dis.
PHIL 3220 Biomedical Ethics
PSYC 3000 Psychological Statistics
Humanities Gen. Ed. Electives
Gen. Ed. and, or Free Elective

Year 3

Fall Semester

BIOL 1101 Fundamentals of Biology
EXSC 1840 Tech Integration in HPE
HLSC 1500 Introduction to Athletic Training
HLSC 3600 Holistic Med. & Healthcare
PHYS 1500 General Physics

Spring Semester

HLSC 3150 First Aid & Personal Safety
HLSC 4250 Health Science Capstone
HLSC 4600 Sports Med & EB Research
HLSC 4750 Cadaver Anat. And Dissect
Gen. Ed. and, or Free Electives

Year 4

Fall Semester

Free Electives

Spring Semester

Free Electives

