

General Education

Foundations: (12 Credits)

Oral Communication (3 Credits)

Quantitative Reasoning (3 Credits)

MATH 1220 College Algebra

Technological Literacy (3 Credits)

EXSC 1840 Tech Integ. for Health and Fitness

Written Communication (3 Credits)

ENGL 1200 College Composition

Discoveries: (Credits 27)

At least two (2) disciplines must be represented within each of the three (3) categories.

Art/Humanities (9 Credits)

Natural Sciences & Technology (9 Credits)

BIOL 1101 Fundamentals of Biology

PHYS 1500 General Physics I

Social Sciences (9 Credits)

PSYC 1000 Introduction to Psychology

Elective/Wellness & Personal Health: (3 Credits)

HLSC 3150 First Aid & Personal Safety

Competencies:

Applied Methodologies

HLSC 2750 Functional Kinesiology

Ethical Reasoning

PHIL 3220 Biomedical Ethics

Information Literacy

HLSC 4600 Sports Medicine and EBP Research

Intercultural Fluency

HLSC 3200 Culturally Competent Community Health

Keystone Experience

HLSC 4250 Health Science Capstone

Quantitative Applications

PSYC 3000 Psychology Statistics

Writing Intensive - Two (2) courses are required

HLSC 3100 Special Populations & Pathologies

Another Writing Intensive Course

Program Requirements

Required Major Courses: (60 Credits)

- CHEM 1050 Chemistry for Allied Health
- EXSC 1310 Appd Human Anat & Phys for Exer &Wellness I
- EXSC 1311 Appd Human Anat & Phys for Exer & Wellness I Lab
- EXSC 1315 Appd Human Anat & Phys for Exer &Wellness II
- EXSC 1317 Appd Human Anat & Phys for Exer & Wellness II Lab
- EXSC 3350 Exercise Physiology
- HLSC 1010 Foundations of Health Science
- HLSC 1150 Current Health Issues
- HLSC 1500 Introduction to Athletic Training
- HLSC 2250 Medical Terminology
- HLSC 2500 Nutrition for Health and Wellness
- HLSC 2750 Functional Kinesiology
- HLSC 3100 Special Populations and Pathology of Disease
- HLSC 3200 Culturally Competent Community Health
- HLSC 3600 Holistic Medicine and Healthcare
- HLSC 4250 Health Science Capstone
- HLSC 4600 Sports Medicine & EBP Research
- HLSC 4750 Cadaver Anatomy and Dissection
- PHIL 3220 Biomedical Ethics
- PSYC 3000 Psychological Statistics
- SPT 2050 Sport Ethics & Integrity

Free Electives: (18 Credits)

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- _____
- _____
- _____
- _____
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Suggested Four Year Course Sequence

Year 1

Fall Semester

ENGL 1200 College Composition
EXSC 1310 App Anat. & Phys Ex. I
EXSC 1311 App Anat. & Phys Ex. I Lab
HLSC 1010 Foundations of Health Science
HLSC 1150 Current Health Issues
HLSC 2250 Medical Terminology

Spring Semester

EXSC 1315 App Anat & Phys Ex II
EXSC 1317 App Anat & Phys Ex II Lab
MATH 1220 College Algebra
PSYC 1000 General Psychology
Any Oral Communication
Gen. Ed. and, or Free Elective

Year 2

Fall Semester

CHEM 1050 Chemistry for Allied Health
HLSC 2500 Nutrition for Health and Wellness
HLSC 2750 Functional Kinesiology
HLSC 3200 Cultural Comp Comm Health
SPT 2050 Sport Ethics & Integrity
Gen. Ed. and, or Free Elective

Spring Semester

EXSC 3350 Exercise Physiology
HLSC 3100 Spec. Pops. & Path. of Dis.
PHIL 3220 Biomedical Ethics
PSYC 3000 Psychological Statistics
Humanities Gen. Ed. Electives
Gen. Ed. and, or Free Elective

Year 3

Fall Semester

BIOL 1101 Fundamentals of Biology
EXSC 1840 Tech Integration in HPE
HLSC 1500 Introduction to Athletic Training
HLSC 3600 Holistic Med. & Healthcare
PHYS 1500 General Physics

Spring Semester

HLSC 3150 First Aid & Personal Safety
HLSC 4250 Health Science Capstone
HLSC 4600 Sports Med & EB Research
HLSC 4750 Cadaver Anat. And Dissect
Gen. Ed. and, or Free Electives

Year 4

Fall Semester

Free Electives

Spring Semester

Free Electives

