

---

## **Post - Baccalaureate Certificate Requirements**

### **Required Certificate Courses: (15 Credits)**

- EXSC 7050 Industrial, Clinical, and Corporate Wellness
- EXSC 7150 Business and Entrepreneurship in the Fitness Industry
- EXSC 7170 Strength and HIIT in Group Fitness Exercise
- EXSC 7570 Cardiovasculare and Flexibility Training in Group Fitness Exercise
- EXSC 7870 Key Concepts in Fitness and Wellness