
Graduate Program Requirements

Required Major Courses: (48 Credits)

- EXSC 8040 Evidence-Based Practice Theory
- EXSC 8050 Health Promotion and Wellness for the Individual
- EXSC 8060 Community and Corporate Wellness
- EXSC 8250 Research Methods in Exercise Science I
- EXSC 8260 Research Methods in Exercise Science II
- EXSC 8300 Leadership in Wellness Education and Professional Practice
- EXSC 8350 Values, Ethics and the Promotion of Health and Wellness
- EXSC 8450 Advanced Delivery Techniques and Technology
- EXSC 8500 Theories and Foundations of Adult Learning
- EXSC 8510 Learning Concepts for the Adult Learner
- EXSC 8520 Curriculum and Course Design
- EXSC 8990 Evidence-based Project Seminar
- EXSC 9150 Evidence-based Professional Portfolio I
- EXSC 9250 Evidence-based Professional Portfolio II
- EXSC 9500 Evidence-based Professional Portfolio III

Free Elective: (3 Credits)

- EXSC 7600 Leadership and Professional Development
~Or~ another free elective based on an advisement session with the
program coordinator/advisor.

Optional Dissertation (5 to 8 Credits)

- EXSC 9000 Dissertation
- EXSC 9010 Dissertation Continuation