



Degree: Bachelor of Science
College: Health Sciences and Human Services
Major: Exercise Science
Major Code: EXSC
Concentration: Golf Performance (PGMG)

Credits Required: 120

Graduation Requirements:

- Minimum 30 of the last 60 credits earned at PennWest.
- Minimum of 28 major credits must be completed at PennWest or a State System (PASSHE) university.
- Minimum Total of 42 Credits in Advanced Coursework.

General Education

Foundations: (15-18 Credits)

First Year Seminar (3 Credits)

- ☐ FYS 1000 Navigating the First Year at PennWest

Quantitative Reasoning (3 Credits)

- ☐ _____

Written Communication (3-6 Credits)

- ☐ ENGL 1100 Intro. to Comp. & ENGL 1200 College Comp.
☐ Or ENGL 1200 College Composition

Oral Communication (3 Credits)

- ☐ _____

Technological Literacy (3 Credits)

- ☐ _____

Discoveries: (24-27 Credits)

Arts and Humanities (6 Credits)

- ☐ _____
☐ _____

Social Sciences (6 Credits)

- ☐ _____
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Natural Sciences and Technology (6 Credits)

- ☐ EXSC 1310 Applied Human & Physiology for Exercise & Wellness I
☐ EXSC 1315 Applied Human & Physiology for Exercise & Wellness II

Flex Discoveries (If DSP into ENGL 1200) (9 Credits)

- ☐ SPT 3000 Peak Performance in Sport
☐ _____
☐ _____

Essential Skills:

Intensive Writing

- ☐ EXSC 4125 Evaluating Research in Fitness and Wellness

Capstone

- ☐ EXSC 4110 Wellness and Human Performance Capstone

General Education Notes:

If Directed Self-Placement (DSP) includes ENGL 1100, the student will complete 6 courses in Foundations and 8 courses in Discoveries. If DSP into ENGL 1200, the student will complete 5 courses in Foundations and 9 courses in Discoveries. DSP into ENGL 1100 reduces the number of Gen Ed Flex courses to 6 vs. 9.

Program Requirements

Required Major Courses: (6 Credits)

- ☐ EXSC 3314 Kinesiology
☐ EXSC 3350 Exercise Physiology

Required Concentration Courses: (51 Credits)

- ☐ PGMT 1000 Introduction to Professional Golf Management
☐ PGMT 1500 Teaching of Golf I
☐ PGMT 2000 Intermediate Topics in Professional Golf Mgmt
☐ PGMT 2100 Golf Shop Operations
☐ PGMT 2500 Golf Operations Management
☐ PGMT 2600 Golf Performance Coaching and Technology
☐ PGMT 3000 Advanced Topics In PGM
☐ PGMT 3100 Turfgrass Management
☐ PGMT 3500 Food and Beverage Management
☐ PGMT 4050 Expanded Golf Operations
☐ PGMT 4100 Teaching of Golf II
☐ PGMT 4150 Trends Issues in Golf Industry
☐ PGMT 4951 PGM Internship I
☐ PGMT 4952 PGM Internship II
☐ PGMT 4953 PGM Internship III
☐ PGMT 4954 Senior Internship in PGM
☐ PGMT 4955 PGM Capstone Internship

Free Elective: (21 Credits)

- ☐ _____
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Suggested Four Year Course Sequence

Year 1

Fall Semester

ENGL 1200 College Composition
FYS 1000 Navigating the First Year at PennWest
PGMT 1000 Introduction to PGM
PGMT 2000 Intermediate Topics in PGM
General Education

Spring Semester

PGMT 1500 Teaching Golf I
PGMT 2500 Golf Operations Management
PGMT 2600 Golf Performance Coaching and Technology
SPT 3000 Peak Performance in Sport
General Education

Summer Semester

PGMT 4951 PGM Internship I

Year 2

Fall Semester

PGMT 2100 Golf Shop Management
PGMT 3000 Advanced Topics in PGM
PGMT 3100 Turf Grass Management
EXSC 1310 App Anat and Phys Ex Well I
General Education

Spring Semester

PGMT 3500 Food and Beverage Management
EXSC 1315 App Anat and Phys Ex Well II
EXSC 3350 Exercise Physiology I
General Education
General Education

Summer Semester

PGMT 4952 PGMT Internship II

Year 3

Fall Semester

PGMT 4100 Teaching Golf II
EXSC 3314 Kinesiology
General Education
General Education

Spring Semester

Free Elective
Free Elective
Free Elective
Free Elective

Summer Semester

PGMT 4953 PGM Internship III

Year 4

Fall Semester

PGMT 4050 Expanded Golf Operation
PGMT 4954 Senior Internship
Free Elective
General Education

Spring Semester

PGMT 4150 Trends and Issues in Golf Industry
PGMT 4955 PGM Internship V
Free Elective
Free Elective