

- Minimum 15 of the last 30 credits earned at PennWest.
- Minimum of 15 major credits must be completed at PennWest or a State System (PASSHE) university.

General Education

Foundations: (9 Credits)

First Year Seminar (3 Credits)

- ☐ FYS 1000 Navigating the First Year at PennWest

Quantitative Reasoning (3 Credits)

- ☐ _____

Written Communication (3 Credits)

- ☐ ENGL 1200 College Composition

Discoveries: (15 Credits)

Arts and Humanities (3 Credits)

- ☐ _____

Social Sciences (3 Credits)

- ☐ SOCI 1000 Introduction to Sociology

Natural Sciences and Technology (3 Credits)

- ☐ _____

Flex Discoveries (6 Credits)

- ☐ PSYC 1000 Introduction to Psychology
- ☐ SOWK 1500 Interview and Engaging: Skills for Professionals

Program Requirements

Required Major Courses: (18 Credits)

- ☐ Choose 1 of the following:
- ☐ SOWK 1000 Introduction to Social Work
 - ☐ HSRH 1260 Introduction to Rehabilitation & Human Services
- ☐ Choose 1 of the following:
- ☐ SOCI 2100: Social Inequalities: Who Gets What, and Why?
 - ☐ SOWK 1200 Diversity in a Changing World
- ☐ Choose 1 of the following:
- ☐ SOCI 2300 Sociology of Life Course
 - ☐ SOWK 2500 Human Behavior in the Social Environment
- ☐ SOCI 2050 Contemporary Social Problems
 - ☐ SOCI 2040 Disability Studies
 - ☐ SOWK 2800 Case Management

Major Elective Courses: Choose from any PSYC, SOCI, or SOWK listed course (12 credits)

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Free Electives: (6 Credits)

- ☐ _____
- ☐ _____

Suggested Two Year Course Sequence

Year 1

Fall Semester

ENGL 1200 College Composition
FYS 1000 Navigating the First Year at PennWest
Major Elective
SOCI 1000 Introduction to Sociology
SOWK 1000 Introduction to Social Work
Or HSRH 1260 Introduction to Rehabilitation and Human Services

Spring Semester

Free Elective
Major Elective
PSYC 1000 Introduction to Psychology
SOWK 1200 Diversity in a Changing World
Or SOCI 2100 Social Inequalities: Who Gets What, and Why?
SOWK 1500 Interview and Engaging: Skills for Professionals

Year 2

Fall Semester

Arts and Humanities
Major Elective
Quantitative Reasoning
SOCI 2040 Disability Studies
SOWK 2500 Human Behavior in the Social Environment
Or SOCI 2300 Sociology of Life Course

Spring Semester

Free Elective
Major Elective
Natural Sciences and Technology
SOWK 2800 Case Management
SOCI 2050 Contemporary Social Problems